

# POOL LAP LANE SCHEDULE

**No Lifeguards On Duty!**

## **Mondays | Wednesdays**

| Time          | Pool Activity - Lap Lanes                                    |
|---------------|--------------------------------------------------------------|
| 5:30-7am      | Masters 5 Lanes   Lap 3 Lanes                                |
| 7-8:15am      | Lap Swim 7 Lanes   Free Swim 1 Lane                          |
| 8:15-9:30am   | Masters 5 Lanes   Lap Swim 1 Lane   Aquafit (9-10am) 2 Lanes |
| 10am - 4:00pm | Lap Swim 7 Lanes   Free Swim 1 Lanes                         |
| 4-7:30pm      | Swim Club 5 Lanes Lap Swim Lanes 1-7   Free Swim Lane 8      |
| 7:30-8:45pm   | Lap Swim 6 Lanes   Free Swim 2 Lanes                         |

## **Tuesdays | Thursdays**

| Time          | Pool Activity - Lap Lanes                                                                |
|---------------|------------------------------------------------------------------------------------------|
| 5:30-7am      | Masters 5 Lanes   Lap Swim 3 lanes                                                       |
| 7-8:15am      | Lap Swim 7 Lanes   Free Swim 1 Lane                                                      |
| 8:15-9:30am   | Masters 5 Lanes   Lap Swim 1 Lane   Aquafit (9-10am) 2 Lanes                             |
| 10am - 4:00pm | Lap Swim 7 Lanes   Free 1 Lanes   AquaFit Boot Camp (Tuesday's) - Lane 8 11:30am-12:30pm |
| 4-7:30pm      | Swim Club 5 Lanes Lap Lap Swim Lanes 1-7   Free Swim Lane 8                              |
| 7:00-8:45pm   | Lap Swim 6 Lanes   Free Swim 2 Lanes                                                     |

## **Fridays**

| Time        | Pool Activity - Lap Lanes                                     |
|-------------|---------------------------------------------------------------|
| 5:30-7am    | Masters 5 Lanes   Lap Swim 3 Lanes                            |
| 7-8:15am    | Lap Swim 7 Lanes   Free Swim 1 Lane                           |
| 8:15-9:30am | Masters 5 Lanes   Lap Swim 1 Lanes   Aquafit (9-10am) 2 Lanes |
| 10am-5:45pm | Lap Swim 6 Lanes   Free Swim 2 Lanes                          |

## **Saturdays & Sundays**

| Time       | Pool Activity - Lap Lanes            |
|------------|--------------------------------------|
| 8am-5:45pm | Lap Swim 6 Lanes   Free Swim 2 Lanes |

**\*Schedule Subject to Change\***

**When a lifeguard is NOT present, children under 18 years old must be accompanied by an adult.**

**Swim Meets Last Wednesday/Thursday of every month 4:00pm-7:30pm Lanes 1-5**

**Private/Semi Private Lessons: Lanes 1&8/Beach Front Area (Times will vary, lessons by request ONLY)**