

August 2026

POOL LANE SCHEDULE

Mondays | Wednesdays

Time	Pool Activity - Lap Lanes
5:30-7am	Masters 5 Lanes Lap 3 Lanes
7-8:15am	Lap Swim Lanes 1-7 Free Swim Lane 8
8:15-9:30am	Masters 5 Lanes (8:15-9:30am) Lanes 1-5 Aquafit (9-10am) 2 Lanes 1 Lap Swim Lane 6
10am-4:00pm	Lap Swim 7 Lanes Free Swim Lane 1 CAMP (10:00am-3:00pm) Beach Front & Lanes 7/8
4-7:30pm	Swim Lanes 1-7 Free Swim Lane 8 August Swim Conditioning 5:30-6:30 Lanes 1-5
7:30-8:45pm	Lap Swim 6 Lanes Free Swim 2 Lanes Lap (Lanes 1&8)

Tuesdays | Thursdays

Time	Pool Activity - Lap Lanes
5:30-7am	Masters 5 Lanes Lap Swim Lanes 6-8
7-8:15am	Lap Swim 7 Lanes Free Swim Lane 8
8:15-10:45am	Masters 5 Lanes (8:15-9:30am) Lanes 1-5 Aquafit (9-10am) 2 Lanes 1 Lap Swim Lane 6
10:45am-4pm	Lap Swim 7 Lanes Lane 8 Free Swim Lane
4-7:30pm	Swim Lanes 1-7 Free Swim Lane 8 August Swim Conditioning 5:30-6:30 Lanes 1-5
7:00-8:45pm	Lap Swim 6 Lanes Free Swim 2 Lanes (Lanes 1&8)

Fridays

Time	Pool Activity - Lap Lanes
5:30-7am	Masters 5 Lanes Lap Swim 3 Lanes
7-8:15am	Lap Swim 7 Lanes Free Swim Lane 8
8:15-10:45am	Masters 5 Lanes (8:15-9:30am) Lanes 1-5 Aquafit (9-10am) 2 Lanes Lap Swim Lane 6
10:45am-5:45pm	Lap Swim 6 Lanes Free Swim 2 Lanes (Lanes 1&8)

Saturdays & Sundays

Time	Pool Activity - Lap Lanes
8am-7:45pm	Lap Swim 6 Lanes Free Swim 2 Lanes (Lanes 1&8)

Schedule Subject to Change

When a lifeguard is NOT present, children under 18 years old must be accompanied by an adult.

Private/Semi Private Lessons: Lanes 1&8/Beach Front Area/Training Pool (Times will vary, lessons by request ONLY)

Paragon Splash and Dash August 16th, 2026 - Pool will open to Members at approx. 8:30am

Camp Swim 10am-12pm Lanes 7&8/Beach Front until Aug. 14, 2026