



Senior Moments



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tishri/cheshvan 5779

october 2018

JCC Senior Center

210-302-6860

JCC Main Line

210-302-6820

happy birthday to you!

October 2

Ursula Kaplan

October 5

Esther Jacobs

October 6

Gloria Garcia
Rose Her-Era

October 12

Anna Hlavaty

October 15

Ann Kanter
Marlene Reynolds
Ginette Yahiel

October 16

Kathleen Woodruff

October 19

Theresa Taboada

October 20

Carol Lakey

October 21

Sylvia Cohen

October 22

Carol Alder

October 23

Cathy Pottorf
Dave Present

October 29

Alice Botello

Cutting the Cord

FR | Oct 5 | 11am-12pm
Senior Center | Free

Cutting the cord is swapping your PayTV for online video or program streaming for one simple reason: to save money! Together, we will explore this idea of freedom from paid TV services and consider different ways to access this new visual world.

Reservations not required. See Isabel for more information.

J-Brewsky Night

TH, Oct. 11 | 7pm
Auditorium | \$8

Join Tracy Hungate, JCC staff alum and former leader of the San Antonio chapter of Girls Pint Out, for an all new, enhanced fall J-Brewsky night! We will be pairing two of everyone's favorites – chocolate and beer! Space is limited; reservations required. 21+ only. All sales are final; no refunds.

Reserve your spot with Isabel or by calling 210-302-6820.

Author & Speaker Series: Mike Reiss

SA, Oct. 13 | 7:30pm
Admission: \$10 | Book + Admission: \$30

Four-time Emmy winner Mike Reiss shares stories, scandals, and gossip about working with America's most iconic cartoon family ever in his book, *Springfield Confidential: Jokes, Secrets, and Outright Lies from a Lifetime Writing for The Simpsons*.

Reserve your spot with Isabel or by calling 210-302-6820.

Beginning Line Dance

TH | Oct. 4-Nov. 29 | 11am-12pm
\$25 | JCC Members Free

If you have no experience in line dancing (or any kind of dancing), if you have two left feet, or even if you are just a bit shy – this class is for you! It is so much fun you won't realize you are getting physical as well as mental exercise.

Class will not meet Nov. 22. See Isabel to sign-up or visit www.jccsanantonio.org/register.

The Vex: Sylvia

SU, Oct. 21 | 2:30pm
Sheldon Vexler Theatre

The world of a middle-aged New York couple is turned topsy-turvy when the husband brings home an exceptionally engaging canine he found running loose in Central Park.

See Isabel to reserve your seats and for transportation information.

Beading

MO | Nov. 19 | 1-2pm
Senior Center | \$7/JCC Members Free

Join the fun and make your own evil eye beaded bracelet! In addition to making beautiful jewelry, beading can help decrease stress, lower blood pressure, and improve fine motor, visual perceptual, and cognitive skills.

All levels of experience welcome; supplies included.

Important Dates

- San Antonio Shoe Factory Field Trip | FR, Oct. 12 | 10am
- The Main Event | SA, Nov. 17
- What's Your Story? | TU, Nov. 6, 13, 20 | Led by Warren Lieberman

Silver Cinema | 1pm | Free | Holzman Auditorium

Blind Date | Thursday, Oct. 4 | 90 min. | comedy/romance

He is a dedicated workaholic who lives and breathes his work. He prefers nothing more than silence. She is an accomplished pianist working on her big-break concert. To her, music and sound is everything. Separated only by a wall, things get interesting.

For the Love of Spock | Thursday, Oct. 18 | 111 min. | documentary

A lively, often hilarious collection of talking heads that includes fans and actors from the original and current incarnations of "Star Trek," plus footage of Leonard Nimoy in the numerous roles that were overshadowed by his most famous creation.

Join us for Silver Cinema November 1! No screening November 15.

Turn over for this month's kosher menu!



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Lunch served Monday through Thursday beginning at noon in the Auditorium.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
SHEMINI ATZERET JCC CLOSED	salad tomato soup grilled cheese buttered carrots fresh fruit SIMCHAT TORAH	salad asparagus soup meat patties green beans baked apples 10am: Crochet Mitzvah	salad roasted chicken new potatoes noodles cookies	Walmart Grocery Run 11am: Cutting the Cord Class
8	9	10	11	12
coleslaw vegetable soup turkey sandwich cake	salad bean soup veggie lasagna brownies	Pizza Party in the Senior Center!  10am: Crochet Mitzvah	salad tilapia broccoli couscous fresh fruit	H-E-B Grocery Run San Antonio Shoe Factory Field Trip
15	16	17	18	19
salad carrot soup egg on a bed of lettuce fresh fruit	salad split pea soup chicken tacos rice flan	carrot slaw zucchini soup tuna patties corn cookies 10am: Crochet Mitzvah	salad meatloaf mashed potatoes peas peach pie	Walmart Grocery Run
22	23	24	25	26
salad mushroom soup chicken salad on a bed of lettuce apple pie	salad tortilla soup cheese enchiladas rice bread pudding	salad broccoli soup chicken stir fry noodles fresh fruit 10am: Crochet Mitzvah	salad salmon mixed veggies birthday cake special lunch perfor- mance by Susan Wynne & Mike Stern	H-E-B Grocery Run
29	30	31		
salad potato chowder grilled cheese buttered carrots cookies	salad vegetable soup tuna patties green beans fresh fruit	salad carrot soup beef patties mashed potatoes poached pears 10am: Crochet Mitzvah		



MENU SUBJECT TO CHANGE WITHOUT NOTICE

*All meals served with bread or crackers, iced tea, water, and decaf coffee.
Alternative entrée of hard boiled eggs available on request.*

Call 210-302-6860 to book your lunch!

All reservations must be confirmed by 9:45am. If you do not cancel by 10am, you will be charged for the