



# Senior Moments



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adar / nisan 5778

march 2018

**JCC Senior Center**  
210-302-6860

**JCC Main Line**  
210-302-6820

**happy birthday  
to you!**

**March 24**  
Natalie Barath

### The ABCs & D of Medicare

Presented by Clover Health  
Tues., Mar. 13 | 10am & 7pm | Free

Representatives from Clover Health will be on hand to explain Medicare in a way that's easy to understand. You'll learn about the Medicare options available to you, so you can make well-informed decisions about your healthcare. A Clover salesperson will be present with information and applications if you are eligible to enroll in Medicare at this time. Refreshments will be provided.

RSVP to Isabel at 210-302-6860 or Cathy at 210-302-6870.

### Ta'am Ha'Ona: First Night Seder

Fri., Mar. 30 | 6pm  
Holzman Auditorium

Join us for a traditional & tasty meal at the JCC's annual participatory First Night Seder. Open to the entire Jewish community, the event will be led by Hazzan David Silverstein. Ceremonial Manischewitz and grape juice provided; feel free to bring a bottle of your own Kosher for Passover wine. Vegetarian entrée available with advanced request.

There will be tables specifically reserved for JCC Seniors, but reservations are required and space is limited. See Isabel for pricing and to reserve your space.

### Crochet Mitzvah

Wednesdays | 10am

Join us as we create beanies for babies! Beanies will be donated to The Children's Hospital of San Antonio. Bring your needle if you have one; we'll provide the yarn and laughter as we work on this special mitzvah.

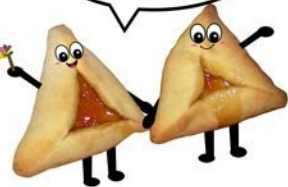
### Music Appreciation

Mon., Mar. 19 | 10am | FREE

Music is part of our everyday lives. It affects not just our emotions, but aids in our physical activities as well. Join us the third Monday of each month at 10am to listen to music and explore, discuss, and learn about the composer/artist. No RSVP needed; join us if you are able!



HAPPY PURIM!



### Grocery Shopping

- **H-E-B** | Fridays, Mar. 2 & 16
- **Walmart** | Fridays, Mar. 9 & 23

See Isabel for more information.

### Silver Cinema | 1pm | Free | Holzman Auditorium

**Mr. Gaga: A True Story of Love & Dance** | Thursday, Mar. 1 | 124 min. | bio/doc.

Footage of intimate rehearsals and breathtaking dance sequences highlight the life and career of Ohad Naharin, choreographer and artistic director of the Batsheva Dance Company.

**The Women's Balcony** | Thursday, Mar. 15 | 91 min. | comedy/drama

An accident during a bar mitzvah celebration leads to a gendered rift in a devout Orthodox community in Jerusalem, in this rousing, good-hearted tale about women speaking truth to patriarchal power.

*Both of this month's films were screened at the 2017 Jewish Film Festival.*

Turn over for this month's kosher menu!



# march 2018

Lunch served Monday through Thursday beginning at noon in the Auditorium.

monday	tuesday	wednesday	thursday	friday
			1 <b><u>lunch:</u></b> salad salmon rice carrots apple pie	2  H-E-B Grocery Run
5 <b><u>lunch:</u></b> salad split pea soup baked potatoes w/ sour cream & butter brownies  <b>10am:</b> Trader Joe's	6 <b><u>lunch:</u></b> salad squash soup tuna salad sandwich mini carrots w/dip fruit	7 <b><u>lunch:</u></b> salad corn chowder hamburger potato chips baked beans cupcakes  <b>10am:</b> Crochet Mitzvah	8 <b><u>lunch:</u></b> salad chicken & noodles mixed veggies fruit trifle	9  Walmart Grocery Run
12 <b><u>lunch:</u></b> salad mixed bean soup hot dogs potato chips fruit	13 <b><u>lunch:</u></b> salad veggie soup chicken tacos rice pudding	14 <b><u>lunch:</u></b> salad potato chowder egg salad on bed of lettuce apples  <b>10am:</b> Crochet mitzvah	15 <b><u>lunch:</u></b> salad meatloaf mashed potatoes green beans bundt cake	16  H-E-B Grocery Run
19 <b><u>lunch:</u></b> salad broccoli soup spaghetti w/marinara sauce cookies	20 <b><u>lunch:</u></b> salad tomato soup grilled cheese green beans lemon bars  <b>10am:</b> Bingo	21 <b><u>lunch:</u></b> salad asparagus soup spinach quiche broiled tomato pudding  <b>10am:</b> Crochet Mitzvah	22 <b><u>lunch:</u></b> salad veggie lasagna fruit	23  Walmart Grocery Run
26 <b><u>lunch:</u></b> salad tomato soup beef patties carrots fruit	27 <b><u>lunch:</u></b> salad matzo ball soup chicken squash medley Passover brownies	28 <b><u>lunch:</u></b> salad broccoli soup tilapia roasted potatoes fruit  <b>10am:</b> Crochet Mitzvah	29 <b><u>lunch:</u></b> salad matzo lasagna mixed veggies sponge cake  <b>10am:</b> Memory Game	30

## **MENU SUBJECT TO CHANGE WITHOUT NOTICE**

All meals served with bread or crackers, iced tea, water, and decaf coffee.  
Alternative entrée of hard boiled eggs available on request.

**Call 210-302-6860 to book your lunch!**

**All reservations must be confirmed by 9:45am. If you do not cancel by 10am, you will be charged for the meal.**

