



Senior Moments



volume 6 / issue 7

sivan / tammuz 5778

july 2018

JCC Senior Center

210-302-6860

JCC Main Line

210-302-6820

happy birthday
to you!

July 4

Ann Parsons

July 13

Susie Kasanoff

July 27

Felice Wolff

July 29

Jane Calka

Who I Am

TU, July 10 | 10am
Senior Center

Each of us contributes to our homes, communities, and country in one way or another. Share your story with us by creating a scrapbook page to go in our Senior Room scrapbook! All scrapbook materials provided. Please bring any photos and a small bio.

Sing Along

TU, July 17 | 10am
Senior Center

Singing is not only fun, it's also good for you! Studies show that music can reduce stress and helps increase attention. Join us as we exercise our vocal cords and sing favorite songs led by Susan De Leo. Lyrics provided during sing along session.

Bass Recital

TU, July 24 | 10am
Auditorium A

Churchill High School orchestral alumnus and double bass player, Blaine Bryan, will delight us with a free concert.

Crochet Mitzvah

WE | 10am
Senior Center

Join us for another Mitzvah project as we crochet or knit lap blankets for wounded warriors! Bring your needle if you have one; we'll provide the yarn and laughter as we work on this special mitzvah. No meeting July 4.

Upcoming Important Dates

- **Sheldon Vexler Theatre Season Passes on sale now!** \$68 will give you one ticket for each of the four 2018-19 shows. See Isabel for a season brochure & to purchase yours.
- **4th of July Celebration** | TU, July 3 | 10am in the Senior Room
- **H-E-B** | FR, July 6 & 20
- **Walmart** | FR, July 13 & 27
- **Cactus Pear Young Artist Program (YAP) Concert** | SU, July 15 | 3pm - Concordia Lutheran Church (1604 Huebner Rd.). Contact Isabel to RSVP.
- **Big Sonia Film Screening** | SU, Aug. 19 | 5pm
- **Cello Adieu with Jake Resendez** | MO, Aug. 20

Silver Cinema | 1pm | Free | Holzman Auditorium

The Debt | Thursday, July 12* | 113 min. | drama

In 1965, young Israeli Mossad agents (Sam Worthington, Jessica Chastain) went on a secret mission to kill a war criminal, now thirty years later they must go back to finish the job. Also starring Academy Award Winner Helen Mirren and Tom Wilkinson in a taut thriller by director John Madden.

Wild Oats | Thursday, July 17 | 86 min. | comedy

Everything changes for Eva when she receives a life insurance check accidentally made out for \$5,000,000 instead of the expected \$50 thousand. She and her best friend take the money and head out for the adventure of a lifetime. Featuring Jessica Lange, Shirley MacLaine, and Demi Moore.

**Please note the change of date for the first film of July.*

Turn over for this
month's
kosher menu!



july 2018

Lunch served Monday through Thursday beginning at noon in the Auditorium.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 potato soup chicken on bed of lettuce with veggies brownie	3 4th of July Party Senior Room 10am	4 JCC Closed Happy 4th of July	5 salad chicken green beans rice peach cobbler	6 H-E-B Grocery Run
9 roasted red pepper soup salmon salad on bed of lettuce grilled veggies baked apple	10 salad zucchini soup chicken stew noodles cookies	11 salad broccoli soup tilapia asparagus rice fruit 10am: Crochet Mitzvah	12 salad meatloaf mashed potatoes broccoli apple pie	13 Walmart Grocery Run
16 salad lentil soup baked ziti green beans fresh fruit	17 salad soup cheese enchiladas Mexican rice flan	18 salad split pea soup mixed veggie quiche fresh fruit 10am: Crochet Mitzvah	19 salad salmon rice vegetable medley ice cream	20 H-E-B Grocery Run
23 salad tomato soup grilled cheese veggies chocolate mousse	24 minestrone soup egg salad on bed of lettuce carrot sticks ice cream	25 salad mushroom barley soup veggie lasagna grilled tomatoes fresh fruit 10am: Crochet Mitzvah	26 salad bake potatoes toppings veggies birthday cake	21 Walmart Grocery Run
30 salad meatball soup eggplant salad tuna sandwich apple pie	31 carrot soup grilled chicken on bed of lettuce with veggie jello			

MENU SUBJECT TO CHANGE WITHOUT NOTICE

All meals served with bread or crackers, iced tea, water, and decaf coffee.
Alternative entrée of hard boiled eggs available on request.

Call 210-302-6860 to book your lunch!

All reservations must be confirmed by 9:45am. If you do not cancel by 10am, you will be charged for the meal.

